



Camp Goals

The goal of the SAOP Basketball Camp is to provide an opportunity for students to discover more about the game of basketball, and to teach valuable skills that will help players with all levels of experience as they continue playing the sport. This camp is designed both for students that are trying basketball for the first time and for experienced players who want to improve their individual skills.

An important focus of the camp is to teach and encourage proper technique and form rather than focus on immediate results. For example, the main focus for our coaches will not be how many baskets a player can make. Instead, we will work to teach each player to use proper form and technique when shooting the ball. Teaching students at a young age to practice proper form will make for a much more successful player as they grow older. In order to help students feel comfortable with using proper techniques, we will use age appropriate basket heights and ball sizes. We all know that "practice makes perfect", but bad practice, makes bad habits!

This camp is an opportunity for students to learn the fundamental techniques of all aspects of the game including shooting, passing, dribbling, screening, defense, and moving without the ball. There will be individualized and small group instruction that will be more basic for beginners and younger students, and more advanced for the older and more experienced groups.

Details

Date: June 14th – June 17th 2010

Grade Levels and Times:

Students entering 3rd – 5th grade
9:00am-Noon

Students entering 5th – 8th grade
1:00pm-4:00pm

*5th graders can choose morning OR
afternoon session

Campers DO NOT have to be enrolled in SAOP Catholic school or members of the SAOP Parish

Location:

St. Anthony of Padua Catholic School
7901 Bay Branch Dr.
The Woodlands, TX 77382

Features:

- Experienced camp staff including current or former: High School and College players, Middle School and High School coaches, and officials.
- FREE Camp T-shirt
- 10:1 (or smaller) player to coach ratio
- Structured daily schedule including games, contests, drills, and instruction
- Age appropriate goal heights and ball sizes will be used
- Certified Trainer on site the week of the camp provided by Memorial Hermann

Cost:

- \$125 cash or check made payable to St. Anthony of Padua Basketball Camp
- Mail or turn in Registration Form and payment to the SAOP Catholic School front office, Attn: St. Anthony of Padua Basketball CAMP (no confirmation letter will be sent)
- Turn in payment and registration form on or before MAY 21st, to be entered into a drawing for 10 or more FREE basketballs that will be given away at each session!
- NO REFUNDS WILL BE GIVEN AFTER JUNE 4th!
- A \$25 cancellation fee will be deducted from all refunds

For more information, contact Chris Meredith (Camp Director) at SAOPBasketballcamp@gmail.com