



## **ANTI-BULLYING PROGRAM**

Dear Parents,

Bullying has always been a part of our society, but with advances in technology today bullying can happen anywhere, anytime. A bully's hurtful comments or actions can hit just as hard through a cell phone at home, as it does in the parking lot at school. Whether it's cyber-bullying or a face-to-face confrontation, the pain, embarrassment and humiliation brought on by a bully can wreak havoc on the life of the victim.

To help students navigate through these difficult times they will have the opportunity to see an amazing, live, anti-bullying program called **Empowered To Defend**. The program informs students how they can overcome the words and actions of bullies by teaching them the one proven way to stop bullying. The program will illustrate through riveting, true stories the affects bullying has on its victims and will empower students to defend those being bullied.

Parents will have the opportunity to preview the student program as well as receive tips on how to discuss bullying and its affects with their children.

Empowered To Defend is presented by Aim For Success, Inc. which has educated over two million teens, parents and educators across America during the past 18 years with their motivational presentations.

### **You are Encouraged to Attend the Parent Program**

**Location: The Adult Meeting Room (AMR)**

**Date: September 29, 2016**

**Time: 6:00pm**

The Parent Program will provide a preview of the student program, which will be held on Friday, September 30<sup>th</sup>, and equip you with creative ideas to help your child deal with and prevent bullying.

#### **Come find out ...**

- **The one proven way to stop bullying.**
- **What you as a parent can do to help put an end to bullying in our school.**